

# **Morning Schedule of Events**

## Registration Open

7:30 a.m. - 11 a.m.

- Opening Ceremonies | 9 a.m. or shortly after
- Lunch Served | 11 a.m. 1:30 p.m.

### Young Kids Event Order

\*Beginning at 9:30 a.m.

- 1) Baby Crawl
- **2) 10 Meter Dash** | Ages 1-2

- 3) 20 Meter Dash | Ages 3-4
- **4)** Bean Bag Toss | Ages 4 and under

### Running/Walking Track Event Order

\*Beginning at 9:30 a.m. \*Age groups are listed by the order they will be called to compete.

- **1) 400M Walk**Age groups: 65 and up, 55-64, 41-54
- **2) Pre/Post Natal 400M Walk**One year post natal or pregnant

- **3) 400M Run** | Age groups: 13-15, 16-18, 19-24, 25-32, 33-40, 41-54, 55-64, 65 and up
- **4) 1 Mile Run** | All age groups (Also finish for: "#MIKidsCan" youth marathon participants.)

#### Miscellaneous Field Events

\*All events will run as OPEN EVENTS beginning at 9:30 a.m. for the listed age groups and will conclude at 12 p.m.

- **Archery** | *Ages 16-40*
- Long Jump | Ages 19 and up
- Fitness Circuit | Ages 7-15

- 12 & Under Softball Throw | Ages 5-12
- 13 & Up Softball Throw | Ages 13 and up
- Jump Rope | Ages 5-6
- 3-Point Basketball Shot | Ages 10-18
- Free Throw Basketball Shot | Ages 55 and up
- Lacrosse Speed Shot\* | Ages 8 and up \*Exhibition event: No medals awarded this year.

# **Afternoon Schedule of Events**



### 2016 Tribe to Tribe Blues Community Challenge

\*Presented by Blue Cross Blue Shield of Michigan

• Results Announced | 12:15 p.m.

### Running/Walking Track Event Order

\*Beginning at 1 p.m. \*Age groups are listed by the order they will be called to compete.

- **1) 50M Run**Age groups: 5-6, 7-9, 10-12, 55-64, 65 and up
- **2) 100M Run** | Age groups: 13-15, 16-18, 19-24, 25-32, 33-40, 41-54

#### Miscellaneous Field Events

\*All events will run as OPEN EVENTS beginning at 1 p.m. for the listed age groups and will conclude at 3:30 p.m.

- Archery | Ages 41 and up
- 13 & Up Softball Throw | Ages 13-40
- Long Jump | Ages 5-18

- Obstacle Course | Ages 5-12
- 3 Point Basketball Shot | Ages 19-54
- Adult Bean Bag Toss | 41 and up

#### **Team Fun Events**

\*Events will begin at the conclusion of other games at approximately 4 p.m.

- 1) Sponge Relay | See event packet for information on age groups.
- **2)** Tug-of-War | Ages 13 and under, 14-17, 18 and up. (12 individuals per team.)

**Conclusion of Events** | Approximately 4:30 p.m.